

Common Abbreviations of Mental Health Disorders

ADD - Attention deficit disorder

ADHD - Attention deficit hyperactivity disorder

ARND - Alcohol-related neurodevelopmental disorder

ASD - Autism spectrum disorder

AVPD - Avoidant personality disorder

BD - Behaviour disordered

BP - Bipolar or bipolar disorder

BPD - Borderline personality disorder

CD - conduct disorder

COD - Co-occurring Disorders

DPD- Dependent Personality Disorder

DTD- Developmental Trauma Disorder

EBD - Emotional and behavioural disorder

ED - Emotional Disturbance

EDD - Emotional Dysregulation Disorder

ERD - Emotional Regulation Disorder

FASD - Foetal Alcohol Spectrum Disorder

GAD - Generalised anxiety disorder

LD - Learning Disability or Learning Disabled

MDD - Major depressive disorder

MED - Mental or emotional disturbance (or disorder)

NBD - Neurobiological Brain Disorder

OCD - Obsessive-compulsive disorder

ODD - Oppositional Defiant Disorder

PPD - Paranoid personality disorder

PTSD - Post-traumatic stress disorder

RAD - Reactive Attachment Disorder

PD - Personality Disorder

SUD - Substance Use Disorder

T - Therapy or Therapist

U - Undiagnosed