

## **Common Abbreviations of Mental Health Disorders**

ADD - Attention deficit disorder

**ADHD - Attention deficit hyperactivity disorder**

ARND - Alcohol-related neurodevelopmental disorder

**ASD - Autism spectrum disorder**

AVPD - Avoidant personality disorder

BD - Behaviour disordered

BP - Bipolar or bipolar disorder

**BPD - Borderline personality disorder**

**CD - conduct disorder**

COD - Co-occurring Disorders

DPD- Dependent Personality Disorder

**DTD- Developmental Trauma Disorder**

EBD - Emotional and behavioural disorder

ED - Emotional Disturbance

EDD - Emotional Dysregulation Disorder

ERD - Emotional Regulation Disorder

**FASD - Foetal Alcohol Spectrum Disorder**

**GAD - Generalised anxiety disorder**

LD - Learning Disability or Learning Disabled

MDD - Major depressive disorder

MED - Mental or emotional disturbance (or disorder)

NBD - Neurobiological Brain Disorder

**OCD - Obsessive-compulsive disorder**

ODD - Oppositional Defiant Disorder

PPD - Paranoid personality disorder

**PTSD - Post-traumatic stress disorder**

**RAD - Reactive Attachment Disorder**

PD - Personality Disorder

SUD - Substance Use Disorder

T - Therapy or Therapist

U - Undiagnosed